

Vita - Fredericka A. Jackson, Ph.D. LP, CAADC

Turn the Page Counseling Services PLLC

18557 Canal Rd. Suite 3

Clinton Township, MI 48038-5821

Phone: (586)226-8440

Fax: 586-226-8470

drfajackson@turnthepagecounseling.com

HIGHLIGHTS:

Teaching graduate students theories and practice implications for racial identity issues, diverse cultures, substance dependence and addictions for acupuncturists, Psychological Testing and Assessment, Developmental Psychology, Chemical Dependency, Community Counseling, Diagnosis and Treatment, Practicum- At the undergraduate level Developmental Psychology, Abnormal Psychology, and. co-professor in “Cross- Cultural Socialization.”

Mentorship of dissertation *The Relationship of Substance Dependence Treatment to Psychosocial Development in Black and White Adult Males* (1998) and master’s thesis *The Relationship between Racial Identity Attitudes and Criminal Behavior Among African American Male Offenders*” Provided individual and group clinical supervision for master’s limited licensed psychologists and chemical dependency counselors.

Professional psychological experience treating seasoned citizens, adults, couples and adolescents with a variety of issues including but not limited to relationship issues, issues associated with aging, childhood traumas, codependency, racial identity and multicultural issues, women’s and gender identity issues, depression, bipolar disorder, anxiety, and substance abuse issues. Psychological testing and psychotherapy for people preparing for and following bariatric surgery. Conducting workshops, lectures, retreats and presentations on spirituality, 12-step recovery programs, gastric bypass surgery, alcoholism and other addictions, cultural diversity, and business management

EDUCATIONAL BACKGROUND:

Ph.D.	1997	University of Detroit Mercy, Detroit, MI Major: Clinical Psychology
MA	1993	University of Detroit Mercy, Detroit, MI Major: Clinical Psychology – Addiction Studies
B.A.	1987	Spring Arbor College, Spring Arbor, MI Major: Management of Human Resources
Graduate Courses:	1989	Michigan State University, East Lansing, MI Major: Rehabilitation Counselor-Addictions
	1989-1992	Xavier University of Louisiana, New Orleans, LA Major: Theological Studies from the Black Perspective
	1988-1989	St. Johns Provincial Seminary Theological Studies
	1988-1989	Marygrove College, Detroit, MI Pastoral Counseling

LICENSE State of MI Board of Psychology Licensed Psychologist - #6301008884

Certified Advanced Alcohol and Drug Counselor- MI Certification Board Addictions for Professionals

PROFESSIONAL EXPERIENCE:

Sole Proprietor – Licensed Psychologist

Turn the Page Counseling Services, PLLC April 2010 to present
Psychologist in private practice providing clinical assessment, individual, and group psychotherapy from a spiritual perspective for a variety of mental, adjustment and substance dependence disorders, and psychological testing to adults and the geriatric populations.

Contractual Clinical Psychologist June 1999 - Mar 2001 August 2001 –April -2010

Henry Ford Hospital Macomb (St. Joseph Mercy of Macomb) Outpatient Behavioral Medicine – Clinton Township, MI
Position requirements include clinical assessment, providing individual, and group psychotherapy from a spiritual perspective to a variety of mental, adjustment and substance dependence disorders, and psychological testing. Seminars and support groups for persons interested in gastric bypass surgery.

Research Interviewer May 2002 –Jan. 2005

University of MI, Institute for Social Research interviewer for SCIDs.

Adjunct Professor

University of Detroit Mercy Psychology Department May 2000 – Aug 2002

Visiting Assistant Professor

Oakland University, Rochester, MI Aug 2000 – Aug 2002
Position requirements include teaching, maintaining a scholarly record and engaging in service activities within the School of Ed. and Human Services Dept of Counseling.

Contractual Clinical Psychologist Sept 2000 – Feb 2001

Detroit Medical Center, Canfield Health Services, Detroit, MI.
Position requirements included providing clinical assessments, individual and group psychotherapy for persons living with HIV/AIDS

Clinical Director Jan 1999 – June 1999

Stonewall Recovery Services 430 E. Broadway Seattle, WA 98102
Provided clinical supervision to all adult and youth treatment clinicians, prevention staff including family program coordinator, family and marriage counselor, spirituality intern, counseling intern, and master's level interns. Provided psychological and chemical dependency assessments, individual and group psychotherapy didactic education for sexual minority persons with co-occurring diagnoses. Developed Intensive Outpatient program for dually diagnosed patients.

Clinical Psychologist/Chemical Dependency Counselor March 1998- Jan 1999

Stonewall Recovery Services –430 E. Broadway Seattle, WA 98102
Provided psychological and chemical dependency assessments, individual and group psychotherapy, intensive outpatient treatment, and didactic education for primarily

chemically dependent sexual minority persons with dual diagnosis. Provided chemical dependency assessments and treatment to persons with DUI charges

Contractual Clinical Psychologist Aug 1997 - Feb 1998
St. Joseph's Mercy Hospital, Outpatient Behavioral Medicine, Mt. Clemens, MI.
Individual psychotherapy, partial hospitalization, group therapy, assessment of alcohol and substance dependence disorders, emergency psychiatric assessments, in-patient and out-patient psychological testing to adults and adolescents of diverse backgrounds.

Psychologist Intern Aug 1996 - Aug 1997
St. Joseph's Mercy Hospital, Outpatient Behavioral Medicine, Mt. Clemens, Mi.
Individual psychotherapy, partial hospitalization group therapy, assessment of alcohol and substance dependence disorders, emergency psychiatric assessments, in-patient and out patient psychological testing.

Consulting Psychologist Jan 1994 to Aug 1996
State Of MI Jobs Commission, Rehab Services Detroit, MI
Provided clinical and vocational testing and assessments for a population of culturally diverse persons seeking rehabilitation services for employment.

Psychologist -- Business Manager - Feb 1994 - Aug 1996
Bennett-Jackson Associates - Detroit, MI
Managed a mental health partnership. Serving a population of predominately African American adults and adolescents of diverse socioeconomic status, psychological testing and assessment, group and individual psychotherapy, vocational testing and consultation.

Psychologist Intern Feb 1993 - June 1993
Consulting Psychologist June 1993 – Oct 1993

Wayne County Jail, Mental Health Department- Detroit, MI
Provided services to mentally ill persons pursuant to the Mental Health Code who were detained during the full adjudication of their criminal charges. Along with substance dependence disorders, the highest frequency of diagnoses was schizophrenic, major depression, and adjustment mood disorders. I served on a multidisciplinary team of psychiatrists, nurses, social workers, activity therapists and jail staff.

Psychotherapist - July 1993 to Aug 1996
Detroit Counseling Services - 3011 W. Grand Blvd. Detroit, MI 48202
Provided psychotherapy to a patient population of diverse socioeconomic status, African American adults with depressive, anxiety, adjustment, bipolar and substance dependence disorders.

Candidate and Temporary Vowed Religious Aug 1987-Sept 1993
Sisters Servants of the Immaculate Heart of Mary
610 W. Elm Ave., Monroe, MI 48162

Secretary - Aug 1990 - Aug 1991
Core City Neighborhoods - 3301 23rd - Detroit, MI 48208
Temporary position prior to full time studies in Psychology.

Volunteer Prison Chaplain - March 1990 –
Texas Department of Criminal Justice - Gatesville, TX 76599

Volunteer prison chaplain for a population of incarcerated women from Caucasian, Hispanic and African American ethnic groups. Conducted substance dependence information sessions, spirituality and recovery sessions as well as provided individual counseling and spiritual direction and guidance.

Consultant -- Dec 1987 - Jan 1989

MI Dept. Management & Budget --Dept. Civil Service-Employee Service Program (Employee Assistance Program), Lansing, MI 48909
Development a client tracking system for employees seeking services for problems related to work, family, mental illness, physical illness, relationships, and activities of daily living.

State Forms Administrator -- Aug 1984 - Dec 1987

MI Dept. Management & Budget-Office Services, Lansing, MI 48909
Responsible for the development, implementation, on going administration and statewide oversight of the Paperwork Reduction Act of 1982. Developed standards for forms used by state government.

TEACHING -- PRESENTATIONS

Visiting Assistant Professor **Oakland University Rochester, MI.**

Winter 2002

CNS 540 (4 credit) Testing and Assessment in Counseling
CNS 661 (4 credit) Techniques in Counseling

Fall 2001

CNS 540 (4 credit) Testing and Assessment in Counseling
CNS 530 (4 credit) Developmental Counseling
Supervision of 2 students for Practicum in Counseling under Dr. Robert Fink

Winter 2001

CNS 530 (4 credit) Developmental Counseling
CNS 540 (4 credit) Testing and Assessment in Community Counseling
CNS 578 (4credit) Introduction to Chemical Dependency

Spring 2001

CNS 564 (2 credit) Introduction to Community/Agency Counseling
CNS 574 (2 credit) Diagnosis and Treatment Planning

Fall 2000

CNS 530 (4 credit) Developmental Psychology
CNS 540 (4 credit) Testing and Assessment in Counseling
CNS 664 (4 credit) Practicum in Counseling

Adjunct Faculty

University. Of Detroit Mercy – Detroit, MI

Winter 2000

PYC 502 (3 credit) Life Span Developmental Psychology,
PYC 342 (3 credit) Abnormal Psychology

Winter 1999

PYC 502 (3 credit) Life Span Developmental Psychology,
PYC 342 (3 credit) Abnormal Psychology

Winter 1999

Course # 1301 (3 credit) Patient Practitioner Relationship Treating Culturally Different Patients of Other Cultures.

Winter 1993, 1994, and 1995

PYC/ADS 531 Therapeutic Methods **Racial Identity Issues - Implications for Counseling and Psychotherapy.**”

**Northwest Institute of Acupuncture and Oriental Medicine Seattle, WA
Guest Professor -1998**

Guest Lecturer

Fall 1993, 1994, 1995 -PAS 532 Health Promotion and Disease Prevention Implications for Providing Medical Treatment to People (Physician’s Assistant Program)

Co-Professor with Dr. Libbie Blume

Summer 1994

PYC 300 Cross Cultural Socialization --

Teaching Assistant (graduate students) for Dr. Mary Hannah

Fall 1993

PYC 520 Testing and Assessment of Children.

PRESENTATIONS:

“Your Body, Your Temple”- The Premiere Black Lesbian Health Symposium. Issues of Mental Health Sponsored by the A. L. O. R. D. E. Collective (*African American Lesbians Organized to Renew Dignity and Empowerment*). Friday, July 25, 2008 Detroit, MI.

St. Joseph Mercy of Macomb Presentations to persons preparing for bariatric surgery,

Psychological Factors related to Obesity Surgery. April 2003 to April 2010.

Mind, Body and Soul: An Event for Women. Sponsored by Delta Sigma Theta Health Education Committee. May 2003-Presentation “Mental Health in African American Women”.

St. Joseph Mercy of Macomb – Women’s Center April 2002 - **Identifying and treating Postpartum Depressive Disorder in new mothers.**

Jackson, F.A. (1999) **Knowledge, Understanding, and Skills for Clinical Practice with African American Consumers** 3-day cultural competency class presented for the Washington Institute for Mental Illness Research and Training, University. Of Washington, Washington State University and Washington Department of Social and Health Services, Spokane WA.

Franklin, J.; Grossman, S.; Jackson, F. A., C. Panyard, (May 1999)

Dr. Jackson – **Dual Diagnosis in a Methadone Population;** Dr. Panyard – Relationship Between Methadone Dose and Patient Characteristics; Dr. John Franklin – Group Therapy with Dual Diagnosed Clients; Sue Grossman-Interfacing with Community Mental Health. Cuyahoga County Ohio, ***Heroin, and Other Opioid Treatment: Futuristic Models and Best Practices for the New Millennium Conference,*** Cleveland OH.

Jackson, F. A. (1999) **Conducting Bio/Psycho/Social Assessments that Improve Integrated Services** New Dimensions In Integrated Care. Co-occurring Disorders Conference at Central Washington University, Ellensburg, WA

Jackson, F. A. (1998) **Treating the Culturally Different Client**. Department of Social and Health Services, Division of Alcohol and Substance Abuse. Cultural Diversity Conference, Seattle WA.

Jackson, F. A. (1994) **Building Partnerships for Healthy Communities “Overcoming the Obstacles Associated with Owning and Operating Viable Health Care Services in a Male Dominated Service Developing System”** . Region VII US Public Health Service Office of Minority Health and Missouri Department of Health Kansas City, Kansas.

Jackson, F. A, Nabors, N (1996) **“Sensitizing Feminist Psychology to Cultural Diversity.”** Presented at the Association for Women in Psychology 21st Annual Feminist Psychology Conference, Portland Oregon.

Jackson, F. A. (1994) **Women's Gratitude Retreat Physical Mental and Spiritual Recovery Leads To Serenity** St Mary Center Monroe, Mi 48161

Jackson, F. A., (1994) **Women's Gratitude Retreat Physical Mental and Spiritual Recovery Leads To Serenity** Baltimore, Maryland

Jackson, F. A. (1994) **Black Heritage Celebration Presentation** St. Benedict Parish, Highland Park, MI

Jackson, F. A. (1991) Detroit **Immersion Experience for the Adrian Dominican Sisters**, Marygrove College, Detroit, MI

Jackson, F. A. (1991) **Detroit Immersion Experience for the Adrian Dominican Sisters**, Sojourner House, Detroit, MI

Jackson, F. A., (1991) **Religious Initiation, Formation, and the Black Community** African-American spirituality its elements from "What We Have seen and Heard" and Lead Me Guide Me, Archdiocese of Detroit, MI.

Jackson, F. A. (1990) **Coming To Believe Retreat for Women** St Mary Center Monroe, MI 48161

GRANTS:

Co-investigator (April 2001 - April 2002) As a member of the SEHS Research Support Committee received the Technology Integration Award, Technology Advisory Committee, School of Education and Human Services
Project Title: SEHS/OU Faculty Scholarship Website Database: SEHS Pilot Development
Award amount: \$1,700.00

PROFESSIONAL ORGANIZATIONS:

American Psychological Association,

Student Affiliate 1991 -1997, Full member since 1997, Division 50 Psychology of Addictive Disorders, Division 12 Clinical Psychology, Division 35 Women's Psychology.

Michigan Psychological Association, Student Affiliate 1993 - 1997, Full member since 1997

National, Michigan Chapter, Detroit Chapter Assn of Black Psychologists, Student Affiliate 1991 - 1997, Full member since 1997

Association for Black Psychologists Michigan Chapter -1993-Present